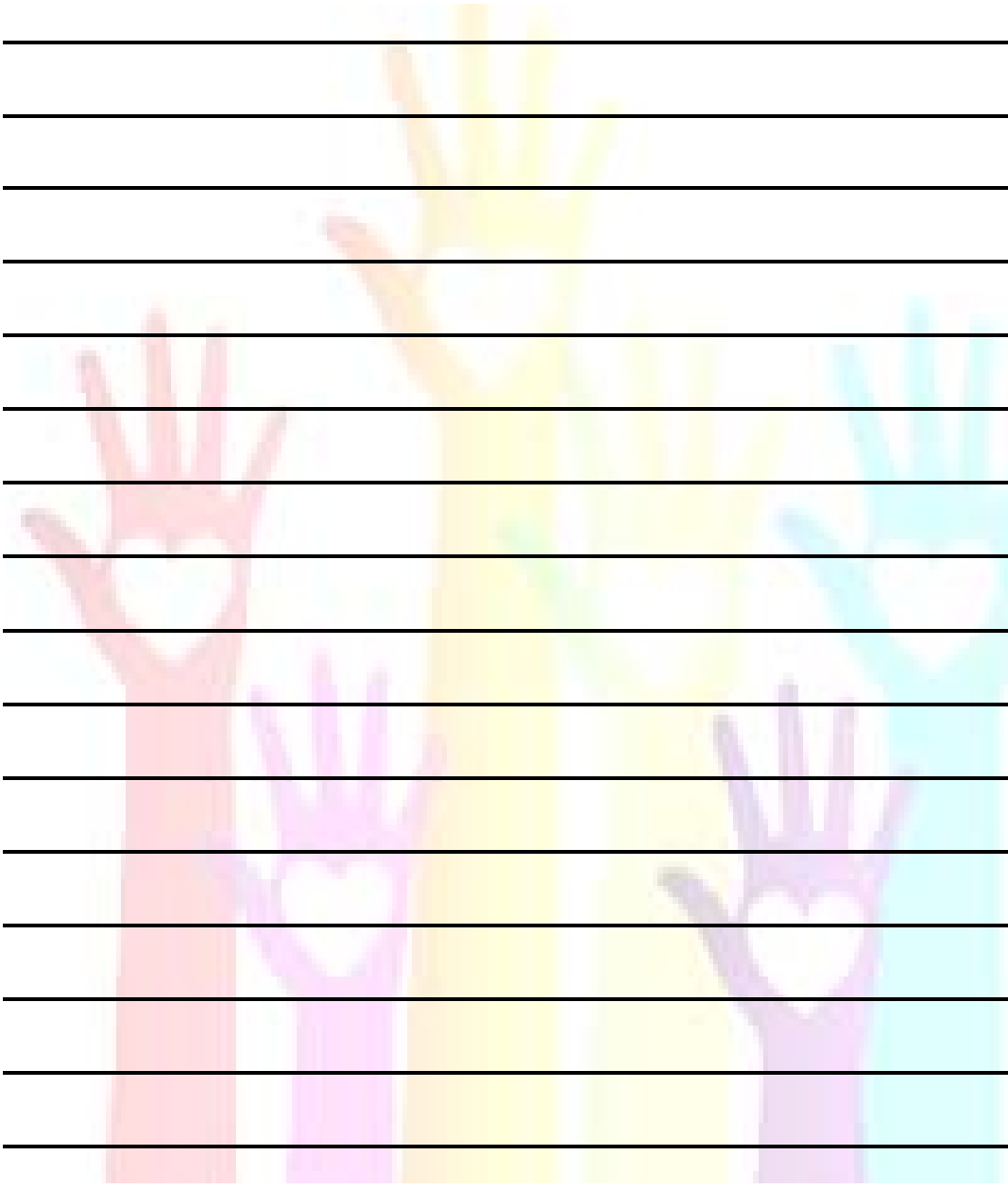
Generosity Week 2016 (Feb 21-26)
Open Your Hand, Open Your Heart, Cultivate Generosity/Nedivut

Journal – Sunday, February 21 – Day 1 of 6

QUESTIONS TO PONDER…
-How did I respond?
-What were my feelings, thoughts and reactions?
-How did others react?
-What were the outcomes?



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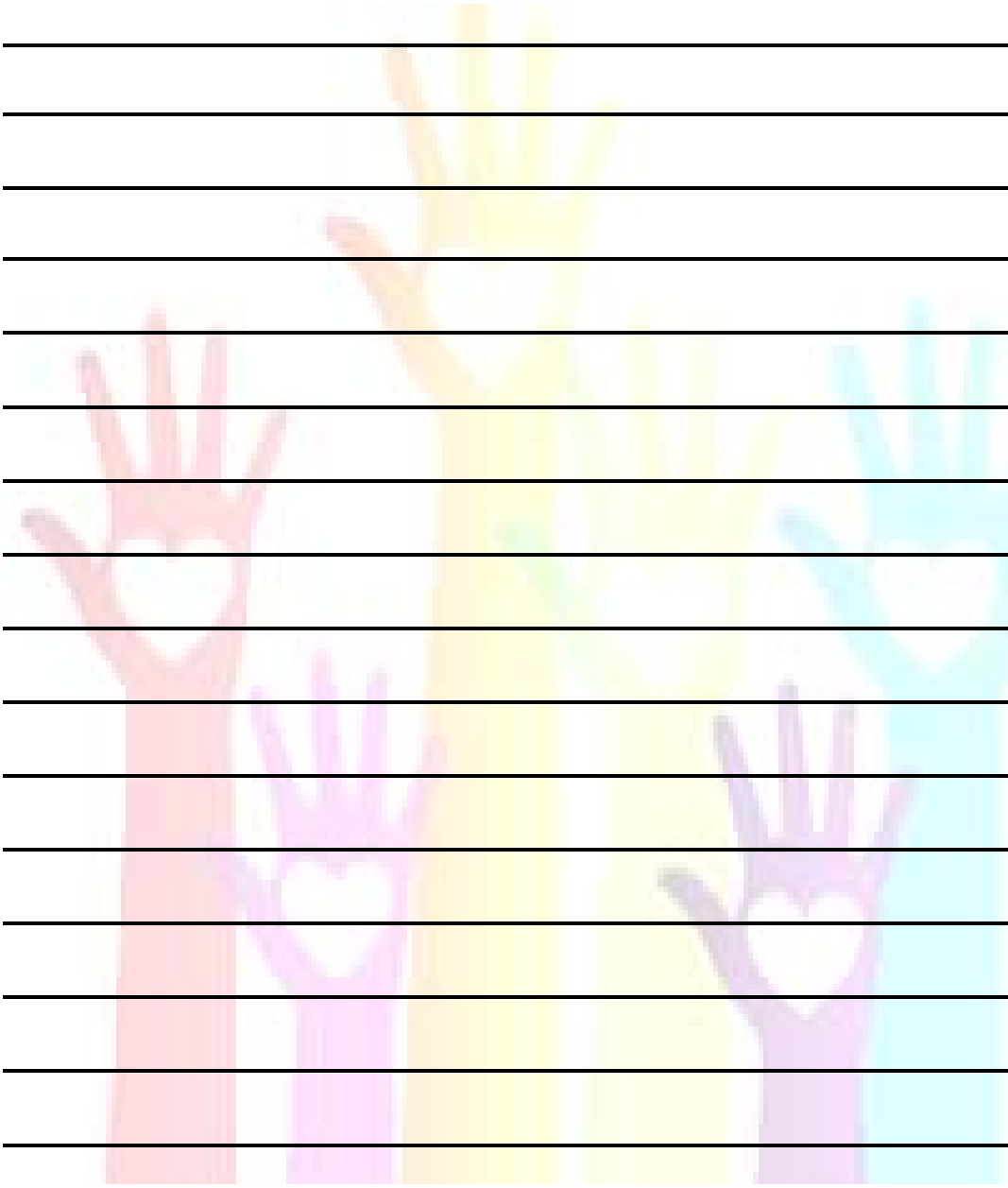
Generosity Week 2016 (Feb 21-26)
Open Your Hand, Open Your Heart, Cultivate Generosity/Nedivut

Journal – Monday, February 22 – Day 2 of 6

QUESTIONS TO PONDER...
-How did I respond?
-What were my feelings, thoughts and reactions?
-How did others react?
-What were the outcomes?



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Generosity Week 2015 (Feb 21-26)
Open Your Hand, Open Your Heart, Cultivate Generosity/Nedivut

Journal – Tuesday, February 23 – Day 3 of 6

QUESTIONS TO PONDER…
-How did I respond?
-What were my feelings, thoughts and reactions?
-How did others react?
-What were the outcomes?

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Generosity Week 2016 (Feb 21-26)

Open Your Hand, Open Your Heart, Cultivate Generosity/Nedivut

Journal – Wednesday, February 24 – Day 4 of 6

QUESTIONS TO PONDER...

-How did I respond?
-What were my feelings, thoughts and reactions?
-How did others react?
-What were the outcomes?

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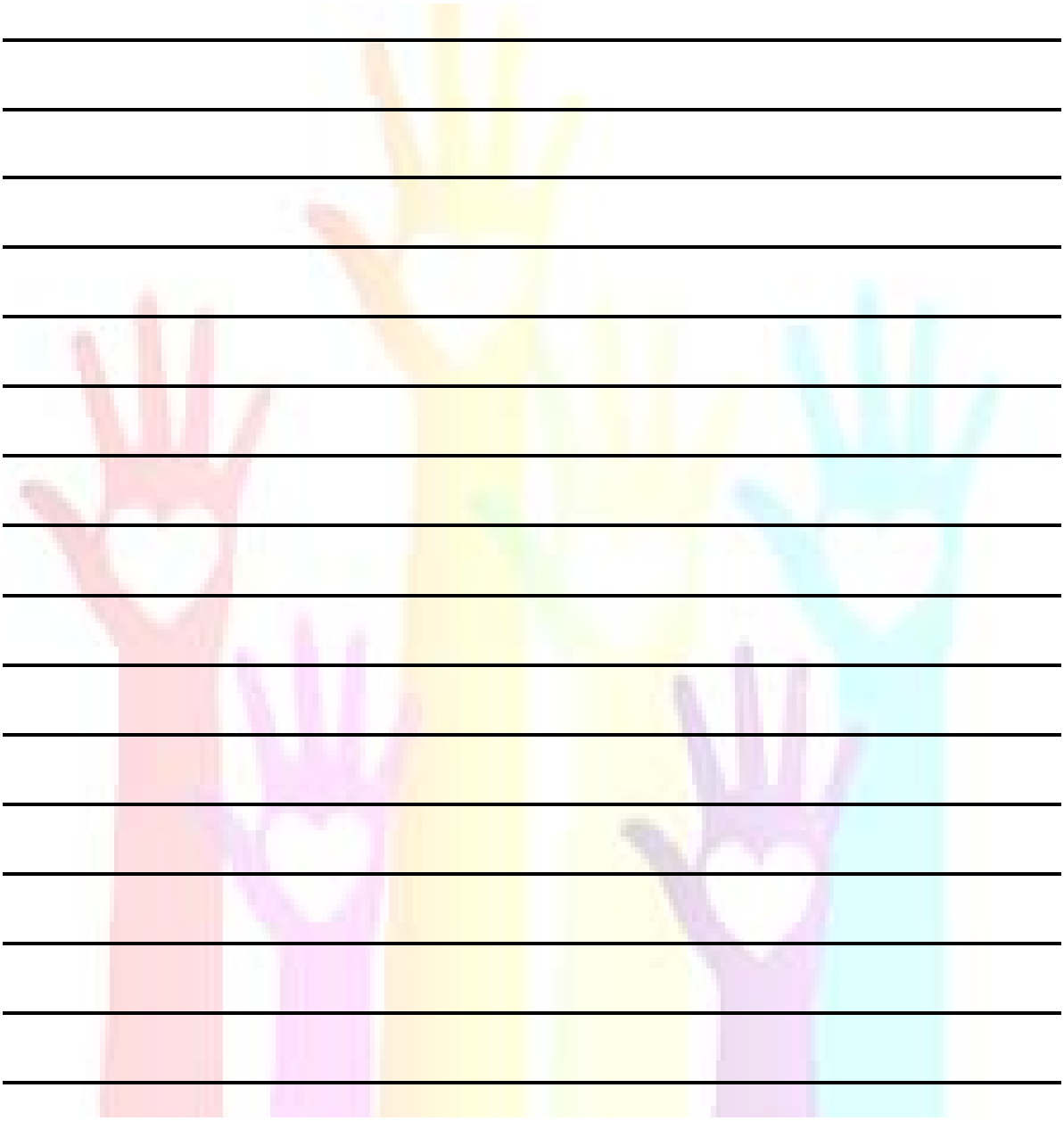
Generosity Week 2016 (Feb 21-26)
Open Your Hand, Open Your Heart, Cultivate Generosity/Nedivut

Journal – Thursday, February 25 – Day 5 of 6

QUESTIONS TO PONDER…
-How did I respond?
-What were my feelings, thoughts and reactions?
-How did others react?
-What were the outcomes?



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Generosity Week 2016 (Feb 21-26)
Open Your Hand, Open Your Heart, Cultivate Generosity/Nedivut

Journal – Friday, February 26 – Day 6 of 6

QUESTIONS TO PONDER…
-How did I respond?
-What were my feelings, thoughts and reactions?
-How did others react?
-What were the outcomes?
-What am I going to do with the experiences and lessons I have learned?
-How will I continue to learn and practice to keep growing generously?

Note: The tradition is to honor Shabbat by journaling before sundown when Shabbat begins.

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